

# January 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b><u>Winter Vacation</u></b>			1.	2.	3.
4.	5. School re-opens <u>3:15 weight room (Gr 10-11)</u>	6. <b><u>Football Meeting 3:10 in room 188 All Players (Gr 8 through 11)</u></b>	7. <u>3:15 weight room (Gr 10-11)</u>	8. <u>3:15 weight room (Gr 8/9)</u>	9.	10.
11.	12. <b>Testing</b> <u>3:15 weight room (Gr 10-11)</u>  5:30 - NCAA Championship	13. <u>3:15 weight room (Gr 8/9)</u>	14. <b>Testing</b> <u>3:15 weight room (Gr 10-11)</u>	15. <u>3:15 weight room (Gr 8/9)</u>	16.	17.
18.	19. <u>3:15 weight room (Gr 10-11)</u>	20. <u>3:15 weight room (Gr 8/9)</u>	21. <u>3:15 weight room (Gr 10-11)</u>	22. <u>3:15 weight room (Gr 8/9)</u>	23.	24.
25.	26. <u>3:15 weight room (Gr 10-11)</u>	27. <u>3:15 weight room (Gr 8/9)</u>	28. <u>3:15 weight room (Gr 10-11)</u>	29. Finals A & C Block  <u>3:15 weight room (Gr 8/9)</u>	30. Finals B & D Block	31.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. <b>3-7: Super Bowl Party</b> (youth ctr)	2. Provincials (Ma 10, SS 11, Hum)  <u>3:15 weight room (NC)</u>	3. Provincials (Eng 10)  <u>TBA - weight room (NC)</u>	4. Provincials (Ma 10 F&P, Sc 10)  <u>3:15 weight room (Cohort)</u>	5. Provincials (Ma 10 F&P)  <u>3:15 weight room (NC)</u>	6. (No school)  <i>Coaches clinic in Seattle</i>	7.
8. 12-1:30 Footwork/ Ball skills	9. <b>FAMILY DAY</b> (No school)	10. <b>Start of 2nd Semester</b>  <u>3:15 weight room (NC)</u>	11. <u>3:15 weight room (Cohort)</u>	12. <u>3:15 weight room (NC)</u>	13. 4:30 – QB Meeting	14.
15. 12-1:30 Footwork/ Ball skills	16. <u>3:15 weight room (Cohort)</u>	17. <u>3:15 weight room (NC)</u>	18. <u>3:15 weight room (Cohort)</u>	19. <u>3:15 weight room (NC)</u>  <b>7 pm – Parents meeting (Library)</b>	20.	21.
22. 12-1:30 Footwork/ Ball skills	23. <u>3:15 weight room (Cohort)</u>	24. <u>3:15 weight room (NC)</u> <i>Agility &amp; Skill session</i>  <b><u>Competition Day</u></b>	25. <u>3:15 weight room (Cohort)</u>  Anti-Bullying Day	26. <u>3:15 weight room (NC)</u>	27. <b><u>Pro-D (No school)</u></b>	28.

Still to be added: Leadership seminars  
Team Building events  
Seattle workout trip