



# Hyacks Football Headlines

Monday, January 14, 2008

[www.hyackfootball.com](http://www.hyackfootball.com)

## HAPPY NEW YEAR TO ALL HYACKS

The Hyacks Football Coaches would like to wish all of you and your families a very happy new year. The past 12 months have been a very important time in the history of our program and none of it would have been possible without all of you. From the players and parents, to the sponsors, administrators and community members, all of you played a large part in our success. We appreciate your involvement and have enjoyed getting to know all of you. We look forward to building more relationships and memories in 2008.

## 2007 SEASON IN REVIEW

2007 was certainly a breakthrough year for the Hyack Football program. It started with the addition of a Pee wee team for 10- and 11-year-olds to complement the existing Junior Bantam team. **Coach Ryan Leslie** went from the Varsity team to overseeing the youth programs and as a result we saw a positive attitude, a committed coaching staff and tremendous parental support. The players had fun, learned plenty and have established a solid foundation for future championships at both the youth and high school levels.

The JVs also took another step forward as they were far more competitive than ever before against the top teams in BC. They were a game away from winning their league and saw their season end in a close loss playoff to the eventual provincial champions. Many of the JVs also played key roles with the Varsity team every week. Thanks to **Coach Oatway** for another job well done.

The Varsity team had by far its best season to date finishing in a tie atop the AAA Western Conference with a 5-1 record (10-3 overall). In their first ever Final Four appearance, they lost a hard-fought 36-28 semi-final game to the eventual provincial champions. In the process, the Hyacks' new Wing-T offence led the province by rushing for over 4300 yards and 40 TDs.

*Most importantly we have raised expectations for this program – only competing at a championship level is acceptable.*



Darnell Sikorski led the Hyacks on both offense and defense in 2007.

*Photo: Alan Wardle*

# HYACKS CELEBRATE 2007 AT AWARDS BANQUET

A very successful season came to a close on December 4th as all four Hyack teams took part in the annual Hyack Football Awards Banquet. Close to 320 people packed the Laguna Blu restaurant at Westminster Quay to say thank you to all of the parents, sponsors and supporters who made this season special.

Mayor **Wayne Wright**, principal **Mary Bushman** and radio personality and NWSS alumnus **Bob “The Moj” Marjanovich** were among the guest speakers. The graduating senior class, captains and managers were also recognized for their contributions, and the evening wrapped up with an entertaining highlight video created by **Coach McKechnie**.

Special thanks to **Lynn Duncan** for all of her efforts in putting this event together, along with **Mary Feldhaus, Marilyn and Dennis Davis, Deb and Alan Wardle, Leah Newcombe, Lianne Gentile, Ian and Lisa Brady** and the NWSS maintenance staff.

The following are the 2007 award winners:



**Above:** Coach Lalji congratulates Darnell Sikorski on being recognized as the MVP of the 2007 varsity team.

**Below:** Vivie Bojilov, Daizon Earl and Dezmond Earl were also named MVP's of their respective teams. *Photos: Alan Wardle*



Varsity	Junior Varsity
Kevin Chin Outstanding Lineman: <b>Chenghao Cui</b> Outstanding Back: <b>John Drury</b> G&F Financial Coaches Award: <b>Matt MacGrotty</b> Scholar Athlete: <b>Alex Duncan</b> Sidoo Family Scholarship: <b>Darnell Sikorski</b> MVP: <b>Darnell Sikorski</b>	Outstanding Lineman: <b>Casey Chin</b> Outstanding Back: <b>Torsten Jaccard</b> Hyack Coaches Award: <b>Nigel Eberding</b> Scholar Athlete: <b>Matthew Mussenden</b> MVP: <b>Vivie Bojilov</b>
Junior Bantam	Peewee
MVP: <b>Daizon Earl</b> Best Lineman: <b>Tyler Barrett</b> Most Improved: <b>George Jankovic</b>	MVP: <b>Dezmond Earl</b> Best Lineman: <b>Nolan Duncan</b> Most Improved: <b>Ryan Rickaby</b>

## High School News & Notes

# PREPARATIONS FOR 2008 SEASON UNDERWAY

Champions are made in the off-season, and so preparations have already begun for what promises to be an even more exciting 2008 season. The first week back to school saw the high school weight room packed with over 50 hard-working student athletes looking to improve their physical conditioning in anticipation of a championship run next November. JV head coach Chad Oatway, who is in charge of the off-season strength and conditioning programs, met with returning and new players to hand out program and nutrition information as well as go through weight room expectations, base exercises and proper and safe lifting techniques. He remarked that in addition to a strong group of 23 players moving up from the junior bantam program, over twenty other young men in grades 9 and 10 have expressed interest in joining the program, reflecting the growing interest in the sport at NWSS.

The weight program is split into three five-week phases focused on growth, strength and power to best prepare the players for spring training in May and June. During this next week (Jan 14-18), the players will undergo "base-line" testing in the weight room, giving the athletes and coaches a concrete number against which to track progress throughout the spring. We ask that players try to work out with their position groups wherever possible, as follows:

- Monday and Wednesday: Lineman & Inside Linebackers
- Tuesday and Thursday: Backs, Receivers & Outside Linebackers
- Friday: Open weight room for all positions

# 2008 VARSITY SCHEDULE ANNOUNCED

DATE	OPPONENT	SITE	TIME
Sept. 5	TA Blakelock HS (ON)	Mercer Stadium	7:30 pm
Sept. 12	Nelson HS (ON)	Burlington, ON	TBA
Sept. 19	TBA	TBA	TBA
Sept. 26	Terry Fox	Mercer Stadium	7:30 pm
Oct. 3	* Vancouver College	Mercer Stadium	7:30 pm
Oct. 11	* Mount Douglas	Victoria, BC	1:30 pm
Oct. 17	* West Vancouver	Mercer Stadium	7:30 pm
Oct. 24	* Notre Dame	Burnaby Lake	7:30 pm
Oct. 31	* Carson Graham	Carson Graham HS	7:00 pm
Nov. 7	Wildcard Playoffs	Mercer Stadium	TBA
Nov. 14/15	Quarter Finals	BC Place Stadium	TBA
Nov. 22	Semi Finals	BC Place Stadium	TBA
Nov. 29	BC 'AAA' Championship	BC Place Stadium	7:00 pm

\* Conference Games ('AAA' Western Conference)

# FOOTBALL FEES DUE IN FEBRUARY

The \$200 registration fees for Varsity and JV players are due in February. Hyack team clothing (hoodies & shorts) will be provided for returning players once fees have been paid.

# HYACKS TO TRAVEL TO ONTARIO

For the first time ever, the Hyack Football program will play games against other Canadian schools from outside of BC. On Sept 5<sup>th</sup>, TA Blakelock HS from Oakville, Ontario will come to Mercer Stadium to play (7:30 pm kickoff). One week later, the Varsity Hyacks will visit Nelson HS in Burlington, one of the top programs in Ontario. The games are part of a national Kickoff Classic event that NWSS is proud to have been invited to take part in. More information will be provided on costs and travel arrangements in the coming months.

## Thank you to our 2007 sponsors!

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