



Hyacks Football Headlines

Monday, DEC 14, 2009

www.hyackfootball.com

News & Notes

SEASONS GREETINGS TO ALL HYACKS

The Hyacks Football Coaches would like to wish all of you and your families a very happy holiday season. The past 12 months have been a very enjoyable time for everyone in our program and none of it would have been possible without all of you. From the players and parents, to the sponsors, administrators and community members, all of you played a large part in our success. We appreciate your involvement and have enjoyed getting to know all of you. We look forward to building more relationships and memories in 2010



2009 SEASON IN REVIEW



2009 was the best season yet for the Hyack Football program. The Varsity team reached the provincial semi-finals for the 3rd straight year before falling to the eventual provincial champions from Centennial. The team began the season 8-0 despite playing the toughest schedule in BC. They were ranked number one in BC for the first time in the history of the program, before finishing with a 10-2 record (4-1 in league play). The highlight of the season was a hard-fought quarter final victory over defending provincial champion Terry Fox.

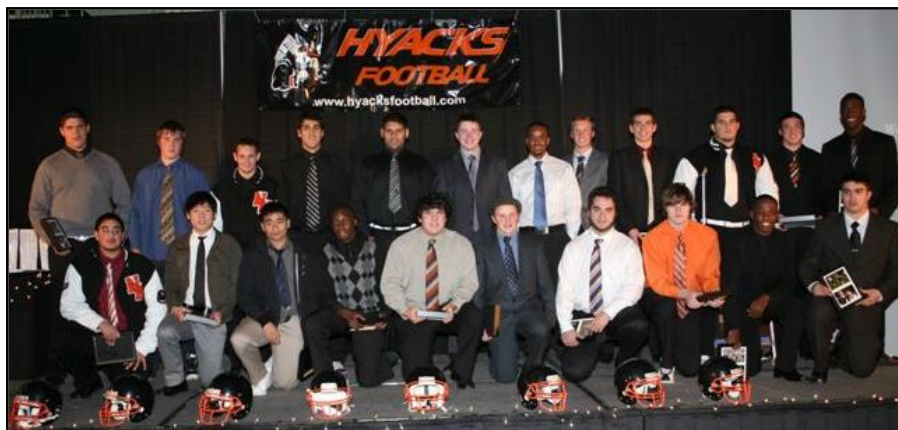
Also for the 3rd straight year, the Hyacks' offence led the province with over 5200 yards and finished with a school record 63 TDs (38 ppg). Five Hyacks were honored at the Subway Provincial All-star Awards banquet (pictured left):

Torsten Jaccard earned a BCSSFA provincial scholarship, while **Vivie Bojilov**, **Casey Chin**, **Daniel English** and **Rama MacMillan** were named to the Gatorade Provincial All-star team. Bojilov earned provincial defensive player of the year honors. Others honored this year included All-conference selections **Brent Fletcher**, **Warren Reece** and **Alex Saavedra**. Many of the above mentioned will have the opportunity to play college football next year.

The JVs meanwhile returned to their winning ways in 2009. Despite a roster loaded with first year players, the team managed a 6-5 record with 3 of the losses coming by 7 points or less. A thrilling win over Notre Dame and a dominating playoff win over Terry Fox highlighted the JV season. More than 40 players finished the season, laying the groundwork for future varsity success.

The youth program saw tremendous growth in 2009 with the addition of Atom and Flag teams. In all close to 120 players and 25 coaches suited up on 6 Hyack youth teams. The players demonstrated a positive attitude, worked hard, had fun and learned plenty about the world's greatest team sport! Thanks to all of the players, coaches, parents and volunteers for their support. You can bet there will be even more people involved in 2010!

HYACKS CELEBRATE 2009 AT AWARDS BANQUET



Another successful season came to a close on December 11th as three Hyack teams took part in the annual Hyack Football Awards Banquet. Over 220 people were on hand at the Armouries at the Royal Westminster Regiment to honor our award winners and to say thank you to all of the parents, sponsors and supporters who made this season special.

Mayor Wayne Wright and Principal Mary Bushman were among the guest speakers. The graduating senior class (pictured left),

captains and managers were also recognized for their contributions. Warren Reece took home a 40" LCD TV by winning the heads and Tails contest courtesy of Audio Unlimited and the Football Fix. The evening wrapped up with a pair of entertaining highlight videos created by Coach McKechnie and Coach Fackler.

Special thanks to Deb and Alan Wardle for all of their efforts in putting this event together. Event supporters include Lieutenant-Colonel Doug Poitras and Honorary Lieutenant-Colonel Karen Baker-MacGrotty at the Royal Westminster Regiment, Kristy Abbott of Butler Did it Catering and Paul Cope of Save-On-Foods. Thanks also go out to Mary Lalji, Marilyn and Dennis Davis, Lynn Duncan, Chris Rickaby, Violet Finvers, Shelley Hansen, Doreen Hill, Candace Cote, Ed King, Hans Adomat, Andy Eberding, David MacGrotty, Sylvie Chin, Vesna Scekcic, Greg Crane & Annette Bojilov, Peter Mussenden, Lorne Robertson, Nicole Stel, Glen Henderson, the NWSS maintenance staff and many more. Very special & HUGE thank you to all the families and players who were instrumental in tear-down after the banquet. It was the best ever clean-up job according to Regiment personnel.



Co-MVP's Vivie Bojilov and Casey Chin

Below are all of the 2009 award winners:

VARSITY:

MVP: Vivie Bojilov and Casey Chin
Outstanding Back: Brent Fletcher
Kevin Chin Outstanding Lineman: Shiraz Chaudhary
G&F Financial Coaches Award: Milthon Nevy
Scholar athlete: Torsten Jaccard
Sidoo Family Scholarship: Nigel Eberding

Peewee – Orange

Most Outstanding Back: Michael Thind
Most Outstanding Lineman: Jordan Spaan

Peewee – Black

Most Outstanding Back: Jamie Shiho
Most Outstanding Lineman: Sarban Sidhu

JR VARSITY:

MVP: Regan Eberding
Coaches Award: Kevin Sabau
Top Back: Jeremy Wilson
Top Lineman: Makoto Brennan
Scholar-Athlete: Austin Ma

Junior Bantam – Orange

Most Outstanding Back: Tommy Robertson
Most Outstanding Lineman: Gurshawn Bains
Most Improved Player: Prabh Bal

Junior Bantam – Black

Most Outstanding Back: Mackenzie Ratcliffe
Most Outstanding Lineman: Ryan Rickaby
Most Improved Player: Darren Howard

PREPERATIONS FOR 2010 SEASON UNDERWAY

While the Hyacks will graduate 22 key seniors, expectations will still be high for 2010. Following the holiday break, formal workouts will begin on January 4th. Coach Oatway will again be in charge of the off-season strength and conditioning program and will meet with returning and new players to hand out program and nutrition information as well as go through weight room expectations, base exercises and proper and safe lifting techniques.

The weight program is split into three five-week phases focused on growth, strength and power to best prepare the players for spring training in May and June. During the first two weeks of January, the players will undergo "base-line" testing in the weight room, giving the athletes and coaches a concrete number against which to track progress throughout the spring. Lineman workouts and speed training will begin in February.

Off-season schedules and goal setting sheets have already been emailed to players. If you haven't already done so, all Varsity players will also need to schedule an individual meeting with Coach Lalji before the end of the semester.

On Monday, January 4th there will be a FULL TEAM MEETING in room 188 at 3:15 pm.

All new players are also encouraged to attend this meeting, so if you know of anyone who is interested in joining next season, please have them attend. * Jackets will also be ordered at this meeting *for returning players only*.

FOOTBALL FEES DUE IN FEBRUARY

The \$200 registration fees for Varsity and JV players are due in February. Hyack team clothing will be provided for returning players once fees have been paid.

HYACKS CHALLENGE NEW WEST TO SING

In celebration of the Olympic torch relay coming through New Westminster on February 9th, the Hyack Football Team has issued a challenge to all teams and groups of people in New Westminster to sing the chorus (only) of the new song "Carry the Flame" as part of Song Search New West, a contest to find a great new song, written and performed by a New Westminster resident. Members of our very own Hyacks football were videotaped singing the Don McLeod (music producer) and former Hyack captain Graham Wardle ('Ty' on CBC's Heartland) original song. If you'd like to take part and book a time this Friday to sing this tune as a group please contact Lorraine Brett at: lorrainebrett@shaw.ca or to find out more information on the contest here: www.songsearchnewwest.com.

To see what you're up against find the mighty Hyacks youtube video here: http://www.youtube.com/watch?v=27dabd5uF_0

HYACK SOUVENIRS

Hyack Football souvenirs are still available this off season. If you're interested in showing off your colors, you can buy hoodies, golf shirts, hats and much more at Prime Time Sports at Royal City Center Mall.

SEASON LONG EVENTS

Kin's Loyalty Cards: Show the card the next time you visit Kin's Farm Market at Royal City Center and ten percent of the proceeds from your sale will be donated back to the Hyack Football program. If you forgot your card, just say the word "Hyacks" and five percent will be donated to the program!

A big thanks to Alan Wardle for another great season's worth of photos. This season's collection can be found here: <http://www3.telus.net/Hyacks/>

PLATINUM

The Record

Dave Sidoo

Ryan Beedie

GOLD



SILVER



Royal City Centre

BRONZE

Stuart Crown @ Co.
Big Kahuna
Boston Pizza-Queensborough
Enterprise Rent-a-Car
Cobs Bread
Columbia Square Law

Westminster Club
Ritchie Bros.
Mott Electric
Kruger Products
Royal Westminster Regiment
Tim Hill/Royal LePage

Mick McLennan/ReMax Advantage
Royal City Center
Lions Club
Rotary Club of New Westminster
Burger Heaven
Tracey Davies/Park Georgia Realty
Viva Orthodontics/Dr. Gallant

